i believe

The Atonement is key to gaining Eternal Life. We must believe in Jesus Christ and then obtaining the needed ordinances, then by repenting of all sins make use of the Atonement of our Savior. There is more to the Atonement than being forgiven. Christ also suffered for all of our pains and trials so that he could know how to succor us in our sufferings. The Atonement can also give us power to perform the Lord's work beyond our capabilities. The Atonement is a topic that I learn more and more about as I participate from my end. I am so grateful that Heavenly Father's plan included a Savior, and that our brother, Jesus Christ was willing to suffer on my behalf.